



## Key stage 1 and 2 P.E. overview 2017 / 2018



| Key Stage 1 Kings Cliffe Endowed Primary school |  |  |   |  |   |  |
|---|--|--|---|--|---|--|
|   | Autumn   |  | Spring  |  | Summer  |  |
| EYFS  | <p><b>Multi skills</b><br/>Travelling, throwing, patting, rolling</p> <p><b>Parachute games</b><br/>Listening, movement, team building</p> | <p><b>Multi skills</b><br/>Travelling, spatial awareness, negotiating space</p> <p><b>Multi - skills Games</b><br/>Running, jumping and throwing</p> | <p><b>Yoga</b><br/>Use a range of movement patterns and core strength.</p> <p><b>Early gymnastics</b><br/>Apparatus and balance</p>                   | <p><b>Multi skills</b><br/>Throwing and catching.</p> <p><b>Yoga and Dance</b></p>   | <p><b>Early gymnastics/Maypole</b><br/>Basic travelling movements and incorporate balance.</p> <p><b>Multi skills</b><br/>Core development</p>              | <p><b>Early gymnastics</b><br/>(link with circus skills)</p> <p><b>Multi skills</b><br/>Sports Day.</p>  |
| Year 1  | <p><b>Multi skills</b><br/>Running, jumping and throwing</p> <p><b>Dance</b><br/>Themed using movement patterns.</p>                       | <p><b>Gymnastics</b><br/>Controlled movement and balance</p> <p><b>Multi skills</b><br/>Throwing and catching leading to small sided team games.</p> | <p><b>Yoga</b><br/>Use a range of movement patterns and core strength.</p> <p><b>Dance - topic related</b><br/>Develop movement patterns in pairs</p> | <p><b>Multi skills</b><br/>Team building and co-operation</p> <p><b>Yoga/dance continued</b><br/>Use a range of movement patterns and core strength.</p> | <p><b>Games N and W</b><br/>Early Racket skills leading to small games</p> <p><b>Outdoor Pursuits/Maypole</b><br/>Team building skills and co-operation</p> | <p><b>Athletics</b><br/>Running, jumping and throwing (sports day)</p> <p><b>Gym</b><br/>Transfer travelling moves onto apparatus and incorporate balance.</p> |



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|--|--|--|---|--|---|---|
| <b>Year 2</b>  | <p><b>Multi skills</b><br/>Running, jumping and throwing.</p>                                | <p><b>Dance</b><br/>Controlled movement and balance.</p> | <p><b>Yoga</b><br/>Use a range of movement patterns and core strength.</p>                  | <p><b>Yoga contd./Multi skills</b><br/>Team building and co-operation</p>                                | <p><b>Cricket skills</b><br/>bat and bowling skills leading to small sided invasion games</p>   | <p><b>Gym</b><br/>Transfer travelling moves onto apparatus and incorporate balance.</p> |
|  | <p><b>Volleyball skills</b><br/>Throwing and catching leading to small sided team games.</p> | <p><b>Gym</b><br/>Sequencing movements.</p>              | <p><b>Tag Rugby skills</b><br/>Throwing and catching leading to small sided team games.</p> | <p><b>Games Invasion (basketball skills)</b><br/>Throwing and catching leading to small sided games.</p> | <p><b>Games N and W (Tennis skills) (6 lessons)</b><br/>Ball Control with equipment (racquet) and in game Tennis skills leading to small sided games.</p> | <p><b>Athletics skills</b><br/>Running, jumping and throwing.</p>                       |
| <b>Key Stage 2 Kings Cliffe Endowed Primary school</b> |  |  |   |  |   |   |
|  | <b>Autumn</b>  |  | <b>Spring</b>   |  | <b>Summer</b>   |   |



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|---|--|--|---|---|---|--|
| <p style="text-align: center;"><b>Yr 3 9.15-10.15</b></p> | <p style="text-align: center;"><b>Dance</b><br/>Topic related<br/>Use a range of movement patterns.</p> <p style="text-align: center;"><b>Games volleyball</b><br/>Throwing and catching leading to small sided games.</p> | <p style="text-align: center;"><b>Football</b><br/>Dribbling, Kicking and throwing leading to small sided games.</p> <p style="text-align: center;"><b>Gym</b><br/>Transfer travelling moves onto apparatus and incorporate balance.</p> | <p style="text-align: center;"><b>Yoga</b><br/>Use a range of movement patterns and core strength.</p> <p style="text-align: center;"><b>Tag Rugby</b><br/>Throwing and catching leading to small sided team games.</p> | <p style="text-align: center;"><b>Gym</b><br/>Transfer travelling moves onto apparatus and incorporate balance.</p> <p style="text-align: center;"><b>Games Invasion (basketball)</b><br/>Throwing and catching leading to small sided games.</p> | <p style="text-align: center;"><b>Striking and fielding</b><br/>Rounder's bat and bowling skills leading to small sided invasion games</p> <p style="text-align: center;"><b>Games Invasion (Hockey) (6 lessons)</b><br/>Ball Control with equipment (stick) and in game hockey skills leading to small sided games.</p> <p style="text-align: center;"><b>Swimming</b></p> <p style="text-align: center;"><b>Maypole</b></p> | <p style="text-align: center;"><b>Athletics</b><br/>Running, jumping and throwing.</p> <p style="text-align: center;"><b>Cricket</b><br/>bat and bowling skills leading to small sided invasion games</p> <p style="text-align: center;"><b>Swimming</b></p> <p style="text-align: center;"><b>Maypole</b></p> |
| <p style="text-align: center;"><b>Yr 4 11-12pm</b></p>    | <p style="text-align: center;"><b>Dance</b><br/>Topic related<br/>Use a range of movement patterns.</p> <p style="text-align: center;"><b>Games volleyball</b><br/>Throwing and catching leading to small sided games.</p> | <p style="text-align: center;"><b>Football</b><br/>Dribbling, Kicking and throwing leading to small sided games.</p> <p style="text-align: center;"><b>Gym</b><br/>Transfer travelling moves onto apparatus and incorporate balance.</p> | <p style="text-align: center;"><b>Yoga</b><br/>Use a range of movement patterns and core strength.</p> <p style="text-align: center;"><b>Tag Rugby</b><br/>Throwing and catching leading to small sided team games.</p> | <p style="text-align: center;"><b>Dance</b><br/>Topic related<br/>Use a range of movement patterns.</p> <p style="text-align: center;"><b>Games Invasion (basketball)</b><br/>Throwing and catching leading to small sided games.</p>             | <p style="text-align: center;"><b>Games Invasion (Hockey) (6 lessons)</b><br/>Ball Control with equipment (stick) and in game hockey skills leading to small sided games.</p> <p style="text-align: center;"><b>Swimming</b></p> <p style="text-align: center;"><b>Maypole</b></p>  | <p style="text-align: center;"><b>Cricket</b><br/>bat and bowling skills leading to small sided invasion games</p> <p style="text-align: center;"><b>Swimming</b></p> <p style="text-align: center;"><b>Maypole</b></p>  |



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| <p><b>Yr 5 1.15-2.15</b></p> | <p><b>Football</b><br/>Dribbling, Kicking and throwing leading to small sided games.</p> <p><b>Net and wall games</b><br/><b>Badminton</b><br/>Throwing and catching hitting and aiming control of racquet and shuttle leading to small sided games.</p> | <p><b>Indoor Athletics</b><br/>Running, jumping and throwing.</p> <p><b>Gym</b><br/>Transfer travelling moves onto apparatus and incorporate balance.</p> | <p><b>Yoga</b><br/>Use a range of movement patterns and core strength.</p> <p><b>Tag Rugby</b><br/>Throwing and catching leading to small sided team games.</p> | <p><b>Gym</b><br/>Transfer travelling moves onto apparatus and incorporate balance.</p> <p><b>Games Invasion (basketball)</b><br/>Throwing and catching leading to small sided games.</p> | <p><b>Striking and fielding</b><br/><b>Rounder's</b><br/>bat and bowling skills leading to small sided invasion games</p> <p><b>Games Invasion (Hockey) (6 lessons)</b><br/>Ball Control with equipment (stick) and in game hockey skills leading to small sided games.</p> <p><b>Maypole</b></p> | <p><b>Athletics</b><br/>Running, jumping and throwing.</p> <p><b>Cricket</b><br/>bat and bowling skills leading to small sided invasion games</p> <p><b>Maypole</b></p> |
| <p><b>Yr 6 2.15-3.15</b></p> | <p><b>Football</b><br/>Dribbling, Kicking and throwing leading to small sided games.</p> <p><b>Net and wall games</b><br/><b>Badminton</b><br/>Throwing and catching hitting and aiming control of racquet and shuttle leading to small sided games.</p> | <p><b>Indoor Athletics</b><br/>Running, jumping and throwing.</p> <p><b>Gym</b><br/>Transfer travelling moves onto apparatus and incorporate balance.</p> | <p><b>Yoga</b><br/>Use a range of movement patterns and core strength.</p> <p><b>Tag Rugby</b><br/>Throwing and catching leading to small sided team games.</p> | <p><b>Gym</b><br/>Transfer travelling moves onto apparatus and incorporate balance.</p> <p><b>Games Invasion (basketball)</b><br/>Throwing and catching leading to small sided games.</p> | <p><b>Striking and fielding</b><br/><b>Rounder's</b><br/>bat and bowling skills leading to small sided invasion games</p> <p><b>Games Invasion (Hockey) (6 lessons)</b><br/>Ball Control with equipment (stick) and in game hockey skills leading to small sided games.</p> <p><b>Maypole</b></p> | <p><b>Athletics</b><br/>Running, jumping and throwing.</p> <p><b>Cricket</b><br/>bat and bowling skills leading to small sided invasion games</p> <p><b>Maypole</b></p> |



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