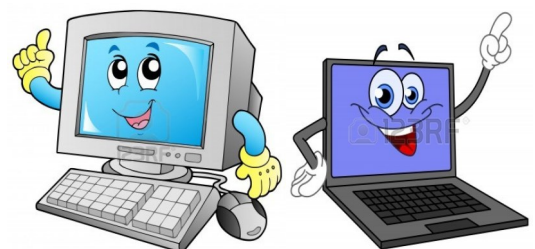


[http://www.eshow.com/how\\_6780583\\_put-parental-controls-laptop.html](http://www.eshow.com/how_6780583_put-parental-controls-laptop.html)

Most internet providers offer free parental controls, so switch on today and keep your child safe.



## King's Cliffe Endowed School E-Safety Policy 2022-23



These rules help us to keep safe on the Internet:  
**'Think then Click'**

We only use the internet when a trusted adult is with us.

We only use websites we know are safe and age appropriate.

If we are unsure about a website we ask a grown up to check it first.

When using the internet, if something pops up we are unsure of, we will speak to a trusted adult straight away.

We only open and send e-mails to friends and family and we make sure a responsible adult is with us.

We will keep our phones, tablets and any other electronic devices at home and not bring them into school.

### Cyber-Bullying

If we see something we don't like, we know to tell a trusted adult.

We know we are too young for social networks.

We know not to share our personal details.

We know how to stay safe on the internet.

We can go to [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) for help.

Where can I get more information and help?

[www.childnet.org.uk](http://www.childnet.org.uk)

Child Net

[www.bbc.co.uk/cbbc/help/safesurfing](http://www.bbc.co.uk/cbbc/help/safesurfing)

BBC Guides

[www.chatdanger.com](http://www.chatdanger.com)

Chat Danger

[www.digizen.org/cyberbullying](http://www.digizen.org/cyberbullying)

Cyberbullying

[www.netsmartkids.org](http://www.netsmartkids.org)

Net Smart

These are just a few, there are many more that you can use. You can search the internet for E-Safety help too.